



Free Foreign Language Lessons

Arabic

- **Arabic Language Lessons** [iTunes Feed](#) [Web Site](#)
 - The US Peace Corps serves up 10 lessons that will teach you the Arabic spoken in Jordan. The web site includes a useful transcript.
- **ArabicPod** [iTunes Feed](#) [Web Site](#)
 - Includes mp3 podcasts and PDF transcripts.
- **Survival Phrases Arabic** [iTunes Feed](#) [Web Site](#)
 - Provides the essentials you'll need to get around.
- **The Arabic Circle** - [iTunes Feed](#)
 - While not offering language lessons per se, the University of Chicago's Center for Middle Eastern studies offers weekly lectures in Arabic that include social, cultural and academic investigations of the Arabic speaking world. Students will find it handy for practicing their comprehension.
- **The Arabic PodClass** [Feed](#) [Web Site](#)
 - A fledgling podcast that's worth a look.

Bulgarian

- **Bulgarian Survival Phrases** [iTunes Feed](#) [Web Site](#)

Catalan

- **One Minute Catalan** [iTunes Feed](#) [Web Site](#)
 - A good way to get going with a language still spoken by some 12 million people, many living in Northeast Spain.

Chinese

- **Chinese Learn Online** [iTunes Feed Web Site](#)
 - A dialogue-based introduction to Mandarin Chinese. Load them on your iPod and get up the Chinese curve.
- **Chinese Lessons with Serge Melnyk** [iTunes Feed Web Site](#)
 - Weekly lessons in Mandarin that get very strong reviews from iTunes users.
- **Chinesepod.com** [iTunes Feed Web Site](#)
 - A series of well-reviewed lessons that will let you learn Mandarin on your own terms.
- **iMandarinPod.com** [iTunes Feed Web Site](#)
 - A more advanced podcast, this series of lessons teaches Chinese by talking about Chinese culture or what is happening today in China.
- **LearnChinesePod.com** [iTunes Feed Web Site](#)
 - A Mandarin language podcast taught by Yao in New York City.
- **Mandarin Chinese Conversation** [iTunes Web Site](#)
 - A language series put together by TimesOnline.
- **Mandarin Chinese** [Feed Web Site](#)
 - 10 Lessons by the US Peace Corps. Make sure you visit the site and download the pdf that accompanies the lessons.
- **Popup Chinese** [iTunes Feed Web Site](#)
 - Offers lessons for beginners and also students at intermediate and advanced levels. In addition to language lessons, Popup Chinese provides annotated short stories, HSK test prep materials and a variety of speaking and listening exercises. They broadcast out of Beijing, and all voice actors speak the standard northern dialect.
- **Survival Chinese** [iTunes Feed Web Site](#)
 - Learn the phrases you need to get by while traveling in China.
- **Think and Talk Like (the) Chinese** [iTunes Web Site](#)
 - Cathy Lu takes a look at the Chinese language, while introducing students to China's history and culture.
- **World Learner Chinese** [iTunes Feed Web Site](#)
 - Another in the mix of possibilities.

Danish

- **Dare to Danish** [iTunes Web Site](#)
 - This is not your usual series of language lessons. Here, a "dirty Dane" teaches you "stupid phrases and more."
- **One Minute Danish** [iTunes Feed Web Site](#)
 - We get a lot of requests (believe it or not) for Danish. So here's another useful podcast created by the One Minute series.

Dutch

- **Laura Speaks Dutch** [iTunes Feed](#) [Web Site](#)
 - A series of podcasts that will help you travel to Holland. It's worth checking out the accompanying web site.

English

- **Business English** [iTunes](#) [Web Site](#)
 - Learn the English you will need to function effectively in an American business environment.
- **English as a Second Language Podcast** [iTunes Feed](#) [Web Site](#)
 - A very well liked collection of ESL lessons. Over 100 episodes in the collection.
- **English for Spanish Speakers ('Por Fin Aprende Ingles')** [iTunes Feed](#) [Web Site](#)
 - Si usted haya asistido al menos a un curso de ingles, y usted necesita la oportunidad de escuchar al ingles y hablar el ingles, entonces 'Por Fin Aprende Ingles' es el podcast perfecto para usted. Presentado por Carla Staufert-Sauvier, una profesora de Mexico, y Jade Lindquist, una profesora de los EE UU.
- **ESL Business News** [iTunes Feed](#) [Web Site](#)
 - A weekly podcast of international business news read in slow, clear English. Listen to the podcast and follow along in the accompanying script.
- **On Demand English** [iTunes Feed](#) [Web Site](#)
 - Daily podcasts that will teach you English and American customs. Well done.
- **The Bob and Rob Show: Weekly English Lessons from a Yankee and a Brit** [iTunes Feed](#) [Web Site](#)
 - Taking a more unconventional approach to teaching English, this program uses humor to teach intermediate-to-advanced students idioms, grammar, and slang in both American and English flavors.
- **Tu Ingles!** [iTunes Feed](#) [Web Site](#)
 - "Tu Ingles" is designed to help Spanish-speakers improve their ear for English. The weekly program features drills of verb conjugation, interviews, advice about idioms, and excerpts of speeches and other recorded spoken material from famous English speakers.

Esperanto

- **Esperanto-Lecionoj** [iTunes Feed](#) [Web Site](#)
 - These lessons will help you become familiar with Esperanto, a purely international language

Finnish

- **Special Finnish** [Feed](#) [Web Site](#)
 - For listeners with some command of Finnish YLE Radio Finland offers daily broadcasts in "Special Finnish". The five minute broadcasts cover items of current interest. To ease understanding, we simplify the

language and slow down the delivery. Some grammatical forms are not used at all. The level of Finnish used is planned to match the expected ability to understand Finnish shown by persons in Level Two Language Command (ofFinnish) as defined by the Council of Europe."

French

- **Easy French Poetry Podcast** [iTunes Feed Web Site](#)
 - A French as a second language Podcast, using poetry as a topic for discussion using everyday conversational French.
- **French for Beginners** [iTunes Feed Web Site](#)
 - Fun, effective lessons for beginners. Provided by the French Ecole.
- **FrenchPod.com** [iTunes Feed Web Site](#)
 - A series of well-reviewed lessons that will let you learn French on your own terms. FrenchPod currently offers free podcasts on a schedule of 5 per week with extra shows on the weekend. The podcasts are accompanied by text expansion exercises and other tutoring aids.
- **Le Journal en français facile** [iTunes Feed Web Site](#)
 - Nightly news from RFI presented in slowly spoken French to assist you with your comprehension.
- **Learn French by Podcast** [iTunes Feed Web Site](#)
 - A well-reviewed series of lessons for beginners and those who want to brush up on their French.
- **Learn French with Coffee Break French** [iTunes Feed Web Site](#)
 - The producers of the very popular Coffee Break Spanish now offer a podcast that will teach you French.
- **Learn French with Daily Podcasts** [iTunes Feed Web Site](#)
 - These lessons are brought to you by French teachers from Paris. They are best suited for those who already have some beginning French under their belts.
- **Ma France** [iTunes Feed Web Site](#)
 - The BBC offers 24 video podcasts that will teach you French.
- **Mali French** [Feed Web Site](#)
 - The Peace Corps teaches you some of the French spoken in Mali.
- **The French Pod Class** [iTunes Feed Web Site](#)
 - A very popular collection that teaches students the French language and different facets of French culture.
- **The Verbcast - French Verbs by Relaxation** [iTunes Feed Web Site](#)
 - A four-week series of lessons that will allow you to refine your knowledge of French verbs.

German

- **Deutsch - warum nicht?**
 - An extensive collection of introductory German podcasts put together by Deutsche Welle.
 - Part 1 [iTunes Feed Web Site](#)
 - Part 2 [iTunes Feed](#)
 - Part 3 [iTunes Feed](#)
- **German Podcast.de** [iTunes Web Site](#)
- **GerGermanGrammar** [iTunes Feed Web Site](#)
 - German grammar lessons aimed at American students.

- **Lernen Wir Deutsch** [iTunes Feed](#) [Web Site](#)
 - Presented in video, these “vodcasts” get high marks for being not only educational but also very entertaining.
- **MyDailyPhrase.com** [iTunes Feed](#) [Web Site](#)
 - Learn German phrase by phrase over a course of 20 weeks. The podcasts will cover all the language you need to know to get by on a visit to a German-speaking country. This series is put together by the same people created the popular series “Coffee Break Spanish.”
- **One Minute German** [iTunes Feed](#) [Web Site](#)
 - Presented by the Radio Lingua Network

Greek

- **Learning Greek** [iTunes Feed](#) [Web Site](#)
 - From the Hellenic American Union, these lessons will teach students Modern Greek. For those who already have some foundation in the language.

Hebrew

- **Elementary Hebrew** [iTunes](#)
 - The audio and video files come from a course taught in a seminary.
- **Hebrew Vocab Pronunciations** [iTunes](#) [Web Site](#)
 - Here you get straightforward pronunciations of words in Hebrew.

Hindi

- **I Speak Hindi** [Feed](#) [Web Site](#)
 - Covers essential words and phrases that you need for your trip to India. There are also Beginner Hindi lessons for those that want to seriously start to learn the language.
- **Learn Hindi from Bollywood Movies** [iTunes](#) [Feed](#) [Web Site](#)
 - This looks like a fun approach to learning a language.
- **Namaste Dosti - The Learn Hindi Podcast** [iTunes](#) [Feed](#) [Web Site](#)
 - There are few options when it comes to learning Hindi via podcast, so the podcast author decided to fill the void.

Hungarian

- **Let's Learn Hungarian** [iTunes](#) [Feed](#) [Web Site](#)
 - Learn with Steve or Gyorgyi, a native speaker.

Indonesian

- **Learning Indonesian** [iTunes](#) [Feed](#) [Web Site](#)
 - A complete online Indonesian course geared towards developing conversational fluency in the Indonesian Language.

Irish

- **One Minute Irish** [iTunes](#) [Feed](#) [Web Site](#)

Italian

- **ItalianPod.com** [iTunes](#) [Feed](#) [Web Site](#)
 - A series of well-reviewed lessons that will let you learn Italian on your own terms.
- **LearnItalianPod.com** [iTunes](#) [Feed](#) [Web Site](#)
 - A series of Italian language lessons that will get you up and running. I have personally used them and found them effective.
- **Let's Speak Italian** [iTunes](#) [Feed](#) [Web Site](#)
 - This collection will help you learn Italian in small, manageable 5-minute bites.
- **MyDailyPhrase.com** [iTunes](#) [Web Site](#)
 - Learn Italian step by step over a course of 20 weeks. The podcasts will cover all the language you need to know to get by on a visit to a Italian-speaking country. Created by the same people who put together the popular series "Coffee Break Spanish."

Japanese

- **Japanese Class (Video)** [iTunes](#) [Web Site](#)
 - These videocasts from the Kyoto Japanese Language School get strong reviews. They use video effectively to demonstrate how to write in Japanese.

- **JapanesePod101.com** [iTunes Feed](#) [Web Site](#)
 - Over 100 quality lessons aimed at the beginner. Users give it high marks.
- **Learn Japanese** [iTunes Feed](#) [Web Site](#)
 - Japancast teaches Japanese using lessons from anime and everyday conversation.
- **Learn Japanese Symbols** [iTunes Feed](#) [Web Site](#)
 - These lessons teach students how to work with Japanese symbols, such as Kanji, Hiragana, and Katakana.
- **Survival Phrases** [iTunes Feed](#) [Web Site](#)
 - Learn the must-know phrases for traveling in Japan.

Korean

- **Easy Quick Learn Korean** [iTunes Feed](#) [Web Site](#)
 - One of the newer and seemingly more robust options for learning Korean.
- **Learn Korean** [iTunes Feed](#) [Web Site](#)
 - A little new and “rough around the edges,” according to reviewers, but perhaps worth a look.
- **Kimchigirls** [iTunes Feed](#) [Web Site](#)
 - An option that looks to have more promise.
- **Survival Phrases** [iTunes Feed](#) [Web Site](#)
 - Gets the phrases that will get you by.

Latin

- **Latinum** [iTunes Feed](#) [Web Site](#)
 - The Latin Language Learning Podcast from London.
- **Nightly News in Latin** [Feed](#) [Web Site](#)
 - “Nuntii Latini - News in Latin - is a weekly review of world news in Classical Latin, the only international broadcast of its kind in the world, produced by YLE, the Finnish Broadcasting Company.

Lithuanian

- **Lithuanian Out Loud** [iTunes Feed](#) [Web Site](#)
 - Offers beginners, intermediate and advanced lessons.

Luxembourgish

- **One Minute Luxembourgish** [iTunes Feed](#) [Web Site](#)
 - Another niche language covered by the Radio Lingua Network.

Norwegian

- **One Minute Norwegian** [iTunes Feed](#) [Web Site](#)
 - Learn Norwegian in minutes with the Radio Lingua Network.

Polish

- **One Minute Polish** [iTunes Feed](#) [Web Site](#)
 - Another podcast provided by the Radio Lingua Network.

Portuguese

- **Brazilian PodClass** [iTunes Feed](#) [Web Site](#)
- **Brazilian Portuguese** [iTunes Feed](#) [Web Site](#)
 - A conversation-oriented introduction to Brazilian Portuguese. You'll also get introduced to Brazilian culture, and learn about the differences between the language spoken in Brazil and Portugal. NOTE: Mp3s for the first 16 lessons can be [found here](#).
- **Ta Falado: Brazilian Portuguese Pronunciation for Spanish Speakers** [iTunes Feed](#) [Web Site](#)
 - Created by the Texas Language Technology Center in the Department of Spanish and Portuguese at UT-Austin.

Romanian

- **Learn Romanian** [iTunes Feed](#) [Web Site](#)
 - A quick way to learn Romanian survival phrases to help you on your journey.
- **One Minute Romanian** [iTunes Feed](#) [Web Site](#)
 - Quick lessons by the creators of the One Minute language series.

Russian

- **A Spoonful of Russian** [iTunes](#) [Feed](#) [Web Site](#)
 - Recommended by our readers.
- **A Taste of Russian** [iTunes](#) [Feed](#) [Web Site](#)
 - This "isn't a boring Grammar course, it is a real chat on different topics which can be heard in everyday life. It is a chance to listen to the native speakers talking at home, at work, at the shop, at the party, etc."
- **Business Russian** [iTunes](#) [Feed](#) [Web Site](#)
 - Presented by the UCLA Center for World Languages, this series teaches students the essentials of Russian business communication.
- **Russian (Kazakh)** [Feed](#) [Web Site](#)
 - No Borat jokes. Learn some Kazakh style Russian from the Peace Corps. Be sure to download the accompanying PDF file.
- **Russian Literature** [iTunes](#) [Feed](#) [Web Site](#)
 - Also presented by UCLA, this podcast helps users improve their comprehension and vocabulary by listening to excerpts from Tolstoy, Gogol, Chekhov and other Russian literary greats.
- **One Minute Russian** [iTunes](#) [Feed](#) [Web Site](#)
- **RussianPod101** [iTunes](#) [Web Site](#)
 - Helps you learn Russian and Russian culture at your convenience.

Spanish

- **Cody's Cuentos** [iTunes](#) [Feed](#) [Web Site](#)
 - A Spanish-language podcast of classic fairy tales and legends. The fact that you probably already know the story in English will aid your comprehension of understanding the tale in Spanish.
- **Coffee Break Spanish** [iTunes](#) [Feed](#) [Web Site](#)
 - Learn Spanish in a low-key, effective way. Currently the #2 overall favorite in iTunes' podcast collection. They must be loaded on iPods everywhere.
- **Finally Learn Spanish - Beyond the Basics** [iTunes](#) [Feed](#) [Web Site](#)
 - If you've had some Spanish classes and you need experience listening to and speaking the language, then Finally Learn Spanish has a collection of podcasts for you.
- **Insta Spanish Lessons** [iTunes](#) [Feed](#) [Web Site](#)
 - Weekly comprehension and grammar exercises for students of all levels. One of the more popular podcasts on iTunes.
- **Learn Spanish at SpanishPod101** [iTunes](#) [Feed](#) [Web Site](#)
 - A podcast created by teams from 5 Spanish speaking countries.
- **Learn Spanish Survival Guide** [iTunes](#) [Feed](#)
 - If you're planning a trip to a Spanish speaking country, and if you don't know the language, this will help get you up to speed.
- **Learn to Speak Spanish** [iTunes](#) [Feed](#) [Web Site](#)
 - Learn to speak Spanish in just 15 minutes per day.
- **LingusTV** [iTunes](#) [Feed](#) [Web Site](#)
 - A unique entry into the instructional language podcasts arena. It's an educational video podcast done in the form of a television sit-com

(situation comedy), laugh track included. While the actors speak solely in Spanish, Spanish subtitles are provided and explanations of vocabulary and grammar points are provided on the web site.

- **Notes in Spanish** [iTunes](#) - [Feed](#) - [Web Site](#)
 - Produced by Ben Curtis and Marina Diez, a husband-and-wife team out of Madrid, Spain. Ben is British and Marina is Spanish and they too have built quite a large following for their conversational Spanish podcasts, (for beginners, intermediates and advanced students), which promise to teach listeners “real Spanish” the way it is actually spoken every day in Spain.
- **Rojas Spanish Language** [iTunes](#) [Feed](#) [Web Site](#)
 - “No English is spoken here. These podcasts are for the Intermediate and Advanced Spanish Speaker who would like to sharpen their Spanish skills. The fine points of the language will be presented and explored through a variety of topics to include; music, history, culture, food.”
- **SpanishPod** [iTunes](#) [Feed](#) [Web Site](#)
 - A series of well-reviewed lessons that will let you learn Spanish on your own terms.
- **SpanishPod101** [iTunes](#) [Feed](#) [Web Site](#)
 - Distinguishes itself from other currently available instructional podcasts by providing lessons that feature different accents from around the Spanish-speaking world. Dialogues are repeated multiple times and an English translation is provided, to further aid learning.
- **Spanish Sense** [iTunes](#) [Feed](#) [Web Site](#)
 - Another set of podcasts that lets you learn Spanish on your own terms.
- **Spanish Podcasts for Beginners** [iTunes](#) [Feed](#) [Web Site](#)
 - Podcasts recorded by native Spanish speakers with clear explanations in English.
- **Voices en Español** [iTunes](#) [Feed](#) [Web Site](#)
 - Geared toward more advanced students, this podcast features an interview in Spanish with a native speaker from Spain, Latin America or the U.S. It’s also accompanied by a bilingual blog that includes weekly Spanish grammar tips.

Swedish

- **Klartext** [Feed](#) [Web site](#)
 - News in easy-to-understand Swedish.
- **Learn Swedish with SwedishLingQ** [iTunes](#) [Feed](#) [Web Site](#)
 - Our readers have been waiting for Swedish lessons to come along. Here it finally is.
- **Swedish Survival Phrases** [iTunes](#) [Feed](#) [Web Site](#)
 - From the makers of the Survival Phrases series.

Tagalog

- **Viloria.com Pinoy Podcast** [iTunes](#) [Feed](#) [Web Site](#)
 - Learn to speak Tagalog to give you the advantage when you travel to the Philippines.

Thai

- **Learn Thai Podcast: Free English Thai Audiolearning Course** [Feed](#) [Web Site](#)
 - Apparently the lessons are good, but they've been having some technical problems and not all podcasts are always available.

Vietnamese

- **Survival Phrases** [iTunes](#) [Feed](#) [Web Site](#)
 - You get the gist from the title. Learn here some phrases that will help you survive in Vietnam.

Yiddish

- **Millie's Yiddish Class** [iTunes](#) [YouTube](#) [Feed](#) [Web Site](#)
 - Learn Yiddish via video, includes link to Youtube.



**First Stop During Hard Times
Mountain View Public Library**